Adventures In (Auto) Portraiture via Encounter > devising collaborative processes > * in the presence of a camera > using poetic prompts & movement direction

*THE ACROSS IS THE IMAGINARY AND THERE IS TALK OF FUTURE with Lia Mazzari and Jonathan Hallam Battersea Studios, RCA, November 2018

> 3 cameras, witness, instigator, collaborator, poem, movement,improv

https://vimeo.com/252973338/7b9b7971a5

by feedback and interpretation

D Stap Fis, audio piece, 2023

with Cashmere Radio from Berlin

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*WITH DJ D (2020, London)

https://vimeo.com/462354516/cf51d3958b
> 3 cameras, taking turns instructing, poem, rap

JOINT LISTENING - PRIVATE PERFORMANCE (2021, Tusheti Mountains, Georgia)

https://69pleasuredome69.bandcamp.com/track/omalo
> two headphones via splitter connected to the microfone of a zoom recorder >live vocals followed
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Audio For Radio Shows and Sonic Interventions > ragamash & conceptual enquiries into the post-linguistic swirl

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https://69pleasuredome69.bandcamp.com/track/d-stap-fis
> cyrillic script in text-to-speech engine bolobolka> voiced by AI Irina > coding rhythms

MILLIONMOUSE A TUNER, 2020
https://extra.resonance.fm/series/millionmouse-a-tuner
radio residency at Resonance.extra.fm > weekly show > field recordings, experimental narration,
ragamash mixes, polyrhythmics including fantasy language
and hearsay from IRL and the World Wide Web (5/6)

TEXNOLOGIA, audio intervention, 2020
https://69pleasuredome69.bandcamp.com/album/non-native-tongues-for-a-fantastical-mind
> appearing at random in the station's schedule in an infinite stream of untranslatable, rhythm
seeking and intense exclamations disrupting linearity and seeking to challenge the anglocentric
with non-native tongues

Zafraan Caravan, Radio Workshop, 2023
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https://cashmereradio.com/episode/zafraan-caravan-radio-workshop/ >radio as a social sculpture with a focus on inclusion of multiple voices via broadcast interruptions> spontaneaus and real time insertions consisting of different languages and sounds captured by multiple mics at hand and a looper roundtable style, with additional content brought into the room via minijack-to-smartphone.

realised with the members of the Anou collective during our Residency in Fez, Marocco,

Events and site-specific explorations curated by Anastasia Freygang

sonic social / <u>movers' sonic social</u> > House Of Anetta, Venue MOT, St Giles Barbican, Horse Hospital an event series formed in 2023 featuring new music,dance improv and social explorations based on rhythm, timing, connectivity and space.

soft beach > three iterations of site-specific happenings organised during the lockdown season 2021 on hackney marshes > featuring performance artists and musicians active in london on a blooming shore

UNISON aka Floating Assembly > 2014 -2019 workshops"> 2014 -2019 workshops, readings, sound and installations in a former lifeboat 3,5 x 8 meters nomadically cruising on london's rivers > hosting public sessions and artists in residency as a small-scale, floating off-shoot of the late independent project space > Anatums' Abode 2012-2015 in Limehouse formerly run by Lee Fükke and Anastasia Freygang

L'honneur de timur > 2010-2013 movement, text and textile project founded in Paris in 2010 > somatic experiences through landscape, body movement and time > produced imprints on garments made of raw silk > colouring and imbuing a timestamp > public showcases introduced dance videos and poetry that were created in the process and grew into a community driven event format > called HIAS Health In the Arts > curating and hosting events and workshops with a focus on somatics, listening and experimenting body, space, time and engagement with holistic arts until 2018

selected (Hybrid) Publications > text, voice and quasi documentary

JUST KICKS, (2019) audio and text publication

http://thiscontainer.bandcamp.com/track/pg14-just-kicks > movement instruction audio script for two movers and one camera published in THIS CONTAINER (Rile Space), Bruxelles, Belgium

LIPREADER, (2020) audio and video production

https://vimeo.com/693151514 > a fantastical video collage cum soundpiece aired at Wave Farm in NYC and Resonance Extra in london the video was part of the collective exhibition ~ You~ brought together by Christian Migone.

Dont let them break your heart (2016) video exclamation

https://vimeo.com/228363724

text on screen refilmed and narrated in two voices > mingle mob, glances for hierarchy, no reply at first till you got the ranking > speaks through your screen

Fairplay Adolescent (2019) text on paper

https://www.boilerhouse.press/wretched-strangers >J T Welsch and Ágnes Lehóczky have assembled an anthology to mark the vital contribution of non-UK-born writers to England's poetry culture.

I HAVE FEELINGS FOR PEOPLE I ALREADY KNOW (2020) workshop and text

> using a a dynamic text based prompt written and facilitated by Anastasia Freygang 15 students of the Royal College Of Art London came together for three days to explore ideas to do with belonging and recognition > activating excercises included taking a present stance to face and mirror eachother > tracing how familiarity allows for bonds and recognition > using texts, listening and perceiving to create a setting for exchange and conversation that turns to gestures for the camera

Da Age Before Da Storm (2015) video collage

https://vimeo.com/197203822 > woman with a video camera > collected impressions of streetscenes in Berlin > screened at Boddinale at Loophole Berlin + Artist Talk 2015